



Week beginning March 1st

Growing in Understanding

Opening Questions

- What do you think have been the biggest changes in society in your lifetime?
- Our personal lives can be full of changes. What do you consider to be the biggest change which has happened in your life? How did your faith help you to deal with it?

Getting into the text

Read John 3:1-17

- Why do you think Nicodemus approached Jesus at night?
- What does verse 2 tell you about who Nicodemus thought Jesus was?
- Nicodemus was a Pharisee who knew God's laws. Why do you think Jesus spoke with him about the need to be born again?
- Why was Jesus surprised that Nicodemus did not understand this teaching?
- Jesus was asking Nicodemus to completely change the way he thought about his faith. How do you think he felt about this? What dilemmas might he have faced?



- You might like to read John 19:38-39 which is the only other time Nicodemus is mentioned in the gospels. Does this tell you anything about what might have happened after the secret meeting?

Applying the Bible to your life

- What truths about Jesus stand out for you in this passage?

- As you learn more about Jesus, you may find he presents you with new challenges which mean changes in your life. How confident are you in moving forward into new ways of living, thinking or working? What might help you to grow in confidence?

Something to pray about

Proverbs 3:5-6 says, '**Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.**'

- Give thanks to Jesus that through him you have been born again into eternal life.
- Ask him to help you through this season of Lent to grow deeper in your commitment to him so that you are ready to go where he calls you.
- Pray for those you know who need to invite Jesus into their lives.