

WEEK 1: TRANSFORMED BY LOVE

How can we experience real, life-changing love?

Key Bible Passage John 20:11–16

“Jesus said to her, ‘Mary.’ She turned toward him and cried out... ‘Rabboni!’ (Teacher).”

Reflection

What do you think love really is?



What has your experience of love been like?



Do you think love has the power to change a person's life? Why/why not?



Engaging with the Story

Why do you think Mary didn't recognise Jesus at first?



What stands out to you about this encounter?



What might it mean that Jesus calls Mary by name?



Personal Response

How do you feel about the idea that God knows and loves you personally?



What questions does this raise for you?



Journaling Prayer

Jesus, you are alive, and you know me by name. Thank you that your love is real, personal, and not distant. Even when I struggle to understand love, you see me fully and still choose me.

Help me to recognise your voice, just as Mary did. Open my heart to experience your love in a deeper way.

Amen

 My own prayer: